



New & Noteworthy

AUGUST 2022

YOUR FERTILITY FAMILY

At Melbourne IVF, our doctors, counsellors, nurses, care team and laboratory team work together to help your patients have the best possible chance of success. We are proud of the work that we do, and the impact our success has on those hoping to become parents.

In FY22 we saw over 5,000 patients and celebrated over 1,500 live births.

Sometimes it takes a village to start a family. At Melbourne IVF, we are Your Fertility Family.

[Learn more](#)

Or visit mivf.com.au/yourfertilityfamily



Fertility preservation for people with cancer

New COSA guidelines available now

We are pleased to share that new COSA guidelines have been released on fertility preservation for people with cancer. This was a 5 plus year effort to update guidelines in a rigorous evidence-based approach with some key updates from previous guideline:

- 1) ovarian tissue freezing is no longer considered experimental
- 2) children are now included in the guidelines, with special reference to options for young girls and boys

The work was done by a large group of committed individuals, ranging from fertility specialists, including Melbourne IVF's A/Prof Kate Stern, oncologists, haematologists, nurses, psychologists and counsellors.

[View the guidelines](#)

Imagine if we could predict IVF outcomes before starting treatment?

Virtus Health is partnering with DropBio to investigate if there are biomarkers in the blood that could help predict embryo quality and IVF outcomes prior to commencing treatment.



The new study will welcome 400 women from three different clinics, who will participate by providing one blood sample, collected as part of their scheduled treatment.

[Learn more about the study here](#)

Queen's Birthday Honours

Two of our esteemed specialists were recognised in this year's Queen's Birthday honours for their contributions to reproductive medicine, Professor David Gardner and A/Prof Kate Stern. We are extremely proud of David and Kate's accomplishments and their continued contributions to reproductive medicine. We are lucky to have them as part of our Fertility Family.

Prof David Gardner Appointed a Member of the Order of Australia (AM)



Prof David Gardner, Virtus' Group Director of ART, Scientific Innovation and Research, and Melbourne IVF's Scientific Director, has been honoured for his services to reproductive medicine and education over the last four decades.

David, an IVF pioneer and world-renowned scientist, has considerably expanded embryo research and revolutionised IVF practises worldwide, including dramatically raising success rates in our own IVF facilities with the implementation of One Lab. He pioneered blastocyst culture and transfer, developed the Gardner Grading system, which is used globally to grade human blastocysts, and is still at the forefront of scientific research in IVF.

A/Prof Kate Stern Awarded Officer of the Order of Australia (AO)



A/Prof Kate Stern, a fertility specialist and Head of Clinical Research at Melbourne IVF, was awarded an Officer of the Order of Australia (AO) in recognition of her remarkable contribution to fertility research, gynaecology, reproductive medicine, and the community.

Kate is a recognised pioneer in clinical research who has made significant contributions to clinical care improvement over the last 20 years, notably in the areas of fertility preservation and onco-fertility for patients requiring preservation due to medical reasons such as cancer

Dr Melissa Cameron



Presents at AusPATH 2022

Dr Melissa Cameron, Melbourne IVF Fertility Specialist, gave a presentation at the AusPATH 2022 (Australian Professional Association for Trans Health Conference) in May. The event's theme was 'Building Bridges: Walking Together into Tomorrow', and Melissa's talk

focused on treatment techniques and research to address pelvic dysfunction and pain in trans and gender diverse persons.

According to one study, pelvic discomfort was a reason for surgery for almost 90% of the trans masculine persons who underwent a hysterectomy. Dr Cameron, on the other hand, recommends that her own personal practice does not do surgery for pain in many circumstances.

Her lecture looked at the numerous causes of pelvic pain and underlined the need of general practitioners as part of a multidisciplinary team of healthcare experts that included pain specialists, pelvic floor physiotherapists, exercise physiologists, and sex therapists. The GP serves as the team's focal point, facilitating group communication.

Dr Cameron is an expert in reproductive health and gynaecology for trans and gender diverse persons.

On the air with Dr Vanessa Ross

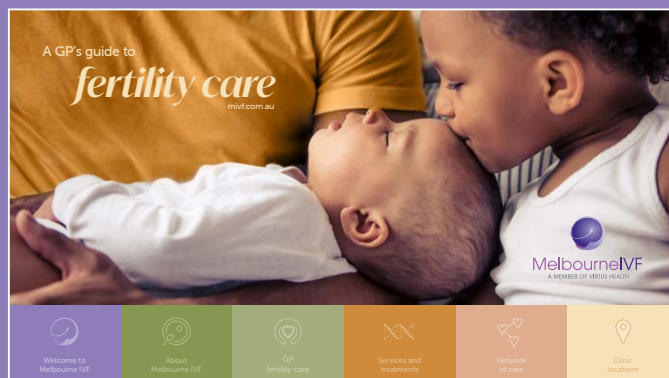


The hosts of 3WBC's 'The Forum' radio show welcomed Dr Vanessa Ross, a Melbourne IVF fertility specialist, into their studio for a live discussion regarding endometriosis and IVF.

[Listen now](#)

GP e-book

[Click here](#) to view Melbourne IVF's comprehensive GP's guide to fertility care



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