



MelbourneIVF  
A MEMBER OF VIRTUS HEALTH

# *Fertility counselling*

and support services



We offer a counselling service to all patients undergoing fertility treatment to support individuals and couples to improve their emotional wellbeing.

[mivf.com.au](http://mivf.com.au) ♦ 1800 111 483

YOUR FERTILITY FAMILY

## Our counselling service

All our patients have the opportunity to access counselling before, during or after every stimulated cycle. This support is an important part of the care that we provide and we encourage you to use it.

Our qualified, experienced counsellors are located in numerous locations and can offer you face to face consultations in the clinic or phone and video appointments.

Our counsellors are available as an ongoing source of non-judgemental support. So be kind to yourself and remember you are not alone. Get in touch with us and have a chat.

## How can we support you?

We can help to equip you with the skills needed to manage emotions and cope better with any day to day stresses or concerns related to fertility treatment. Our goal is to help you gain a greater sense of control.

We can help you work through:

- ◆ Whether to have fertility treatment
- ◆ Struggles during fertility treatment
- ◆ Fertility related relationship concerns
- ◆ Personal anxiety, depression and stress
- ◆ Unexpected outcomes such as miscarriage, failed fertilisation or implantation
- ◆ Using a donor (sperm, eggs, embryos)
- ◆ When to stop having fertility treatment
- ◆ What to do with unused frozen embryos

### FIND OUT MORE

To make an appointment please call 1800 111 483 or to find out more information please visit [mivf.com.au/specialists/meet-our-counsellors](http://mivf.com.au/specialists/meet-our-counsellors)

### OUR DIAGNOSTIC SERVICES

Your fertility specialist and local clinic are members of Virtus Health, one of the world's leading providers of fertility care. During your care Virtus Diagnostics, also a member of Virtus Health, provides fertility pathology services associated with general gynaecology, fertility investigations and treatment, pre-natal diagnostics and specialist genetic testing.