



New & Noteworthy

Melbourne IVF's Latest News

Introducing our new Leadership Team at Melbourne IVF

Dr Fleur Cattrall - Medical Director, MelbourneIVF



The team at Melbourne IVF is pleased to announce Dr Fleur Cattrall's new appointment as Medical Director of Melbourne IVF.

Her personal IVF journey inspires her to improve patient care. Since Fleur conceived her 16-year-old through IVF, live birth rates have doubled.

She is driven to provide positive experiences for patients and to make more healthy babies, faster. A CREI-trained fertility specialist, Fleur has worked with us since 2006 and has built a successful practice throughout this time.

Fleur has held clinical responsibility for our Preimplantation Genetic Testing (PGT) program for many years and she is a subspecialist examiner in reproductive endocrinology and infertility for the RANZCOG.

As Medical Director, Fleur will oversee the medical management and clinical governance at Melbourne IVF.

Adurty Rao - Managing Director, MelbourneIVF



We're delighted to welcome Adurty Rao as Managing Director of Melbourne IVF & Tasmania IVF.

Adurty is a people person and is focused on supporting staff and improving patient outcomes.

Adurty has extensive experience in transformation projects across complex health care organizations. Her knowledge will be essential as we adopt more digital healthcare technologies.

Adurty brings a wealth of operational expertise as well as a unique focus on customer experience to our Victorian and Tasmanian services. She will also collaborate with the broader national and international Virtus Health team as we work together to enhance patient outcomes.

Adurty can be contacted by calling our East Melbourne Clinic on 1800 111 483.

The 2019/2020 VARTA Results

We are proud of the significant rise in IVF success rates reported for Melbourne IVF in the 2020 VARTA (Victorian Assisted Reproductive Treatment Authority) report. This can be attributed to the clinic's focus on world-leading research and innovation, led by our Scientific Director, Professor David Gardner. Our dedicated IVF team has extracted incremental increases from all aspects of the laboratory which has resulted in **a 15% relative increase in pregnancy rates over a 3 year period.**

Melbourne IVF has one of the **best pregnancy success rate for combined fresh and frozen transfers**, for all ages at 36.6%.

Melbourne IVF **makes the most babies out of any clinic in Victoria.**

Visit Varta.org.au to learn more.

Why Choose Melbourne IVF?

As a member of Virtus Health, Melbourne IVF has more experienced fertility specialists, offering many treatment options, in more locations, to create more babies than any other fertility group.

Here's what sets us apart:

- Commitment to research & innovation
- Comprehensive range of fertility assessment with advanced treatment options
- Highly skilled and leading team of fertility specialists
- Personalised care delivered by a compassionate team
- Convenience and choice, with clinics across Melbourne

Visit mivf.com.au to find out more.

Preimplantation Genetic Testing (PGT)

Genetic testing of embryos at Melbourne IVF helps couples wishing to avoid the transmission of a known genetic condition. Preimplantation Genetic Testing (PGT) can help women experiencing recurrent miscarriage or IVF failure.

At Melbourne IVF, we only use the **well-established technique**, for Pre-Implantation Genetic Testing for Aneuploidy, or PGT-A. This involves taking a 3-5 cells from the future placenta of the embryo. Biopsy of the embryo is known to give exceptionally reliable results and is **the gold-standard** for PGT testing globally.

As leaders in Reproductive Genetics, Melbourne IVF, Virtus Health has one of the most scientifically advanced and highly regarded preimplantation genetics teams in the world.

Visit our website virtusgenetics.com.au or call our genetics laboratory on 1800 837 284 to find out more about Virtus Genetic Testing.

Our internationally recognised embryo screening programme at Melbourne IVF continues to be a leader in the development of PGT-A in Australia.

Shaping the field of Reproductive Medicine.

Professor David Gardner



Distinguished Professor (University of Melbourne), Fellow of the Australian Academy of Science and Melbourne IVF Scientific Director, Professor David Gardner has optimized the way embryos are incubated in the laboratory culminating in blastocyst transfer as the standard of care. This has transformed the way IVF is performed globally and has

significantly increased pregnancy rates, resulting in the birth of millions of babies worldwide. He is committed to shortening the time it takes to achieve a healthy baby.

A world-renowned embryologist and IVF pioneer, Professor Gardner is one of the most highly ranked scientists in reproductive medicine. His "Textbook of Assisted Reproductive Techniques", now in its 5th Edition, has become the standard text for IVF specialists worldwide over the past 20 years. The highly cited, 'Gardner grading' for embryo development, remains the standard worldwide.

Melbourne IVF continues to benefit from his ongoing research and innovation. Melbourne IVF is currently running the Antioxidant trial for eligible patients to determine whether the addition of antioxidants to the culture media protects embryos from cell damage caused by reactive oxygen species.

Melbourne IVF is also running the world's first randomized controlled trial using Artificial Intelligence for embryo selection. By using the data from continuous video monitoring, AI may be able to select the most viable embryo therefore helping to attain a pregnancy embryo faster.

Professor David Gardner will apply the same knowledge that has raised Melbourne IVF pregnancy rates to all Virtus Health clinics across Australia through our 'One-Lab' strategy.

Learn more by visiting mivf.com.au.

GP PROFESSIONAL SERIES

WORKSHOPS 2021

Invitations Coming Soon

Reproductive Medicine Education



24 FEBRUARY Dr Joe Sgroi

Genetic Testing

Explanation of today's advanced scientific genetic screening techniques and tests

MARCH - Dr Kate Stern

Egg Freezing

Who is suitable for, the processes involved, expected outcomes and alternatives

APRIL - Dr Chandrika Parmar

Male Infertility

Who is at risk, and what are the symptoms, diagnosis, and treatment options?

MAY - Dr Alice Huang

Modern family

What it means to have a child using donated sperm, eggs, or embryos

